



Dear Friends and Family,

I will be participating in the [7th annual Walk to End Elder Isolation](#) on May 15th and I invite you (and your dog) to join me.

FriendshipWorks was founded 37 years ago to help reduce social isolation and enhance the quality of life of older adults in Greater Boston. This work is done by volunteers who are matched with elders in need of a friendly visit, helping hand, escort to a medical appointment, or the unconditional love of a pet visit. **All at NO cost to the elder!**

Their enduring mission is more poignant now as we have ALL experienced the lack of person-to-person contact and a deep sense of social isolation. **But for many elders, what is new to us—isolation—is a way of life hidden in the shadows of daily living.** Help shine a light on this issue by joining or donating to my team.

YOU can make an impact! Please join me by signing up on my team, making a donation, promoting and sharing this event on social media, and walking with me.

Together, we'll cross the finish line on Sunday, May 15!

If you would like more information on the event, please go to:

www.fw4elders.org/walk

Thank you!

Every gift, no matter the size, makes a difference in one elder's life.